



SAFETY2BUSINESS

THE TOP 5 HIDDEN HAZARDS AT THE OFFICE WORKPLACE



The office workplace safety is often neglected due to the common belief that it is a relatively "safe" environment. Many employers (especially those managing SMEs) believe that it is impractical to invest in health and safety. They consider that it is a lot safer to work on a desk rather than at a construction site or a warehouse and decide to save on such type of expenses.

Regular audits and checks can prevent injuries among office staff by identifying the actual hazards and implementing simple workplace modifications to help mitigate them.

Business owners should first know and recognize the risks in order to actually understand why they need to invest in health and safety. That is why we have created a list of the top 5 office workplace hazards to show you that danger is everywhere and you should always think safety first:

- **Slips, trips and falls:** unsafe, defective or broken work facilities; littered or blocked walkways; struck by or caught by an object; floors not being skid-resistant
- **Ergonomic hazards:** manual handling; sitting and standing; noise; lighting; thermal comfort; maintenance tasks performed on plant items; confined spaces, eye hazards due to long hours standing in front of computers
- **Fire hazards:** electrical cables, multi-plug adapters, locked or blocked fire escapes
- **Substances hazardous to health** such as cleaning fluids; PPE
- **Working at height:** use of step ladders, stools

Did we manage to get your attention? If you would like to learn a bit more about each one of those workplace hazards visit us again. Or did we miss something? Send us an email or comment below to help us help you educate yourself about health and safety at the workplace!